

**RULES FOR THE AUGUST 2018 SRL REGATTA**

**1. RACE TIMES:** The first race of the day is scheduled at 8:00am (crews will push off from the dock at 7:40am. **Second half** Novice crews will race in 'head style' time trial races. **Full season novice crews**, and Non-novice crews will race in match, or dual races. Each team will race one time. All times will be recorded, along with points awarded and these will be used to determine participation in the championship races. Teams will need to be on constant alert for announcements calling your teams to the dock. We encourage all crews to arrive no later than 7:15am. Captains **and all coxswains, without exception**, need to be at the boathouse earlier for the mandatory captains/coxswain's meeting at 7:15am. Coxswains not attending this meeting **in person** will not be permitted to cox races. Crews will be called to the docks before scheduled launch. It is the crew's responsibility to be ready to launch when your race is announced. If a crew is not present at launch time, the team will automatically forfeit the race.

\* PLEASE KEEP IN MIND THAT THE DAY MAY MOVE MORE/LESS QUICKLY THAN EXPECTED. ALL TEAMS MUST BE AT THE BOATHOUSE NO LATER THAN 7:15am. WE ARE NOT POSTING RACE TIMES OTHER THAN THE START TIME OF 8:00am BECAUSE IF WE ARE ABLE TO KEEP THE REGATTA MOVING AT A RELATIVELY CONSISTENT PACE, WE WILL DO SO. ALL TEAMS MUST BE PREPARED FOR THIS.

**2. EQUIPMENT ASSIGNMENTS: 7:25-7:45 am**

<b>TEAM</b>	<b>SHELLS</b>		<b>TEAM</b>	<b>OARS</b>
<b>10n</b>	<b>Fowler</b>		<b>29w</b>	<b>Green/Orange</b>
<b>2x</b>	<b>Harry Fisher</b>		<b>48w</b>	<b>Brown/Orange</b>
<b>56x</b>	<b>Summer Rower</b>		<b>40n</b>	<b>Red/Blue</b>
<b>23n</b>	<b>Walton</b>		<b>6w</b>	<b>Red/Green</b>
<b>34x</b>	<b>PSAwards</b>		<b>47n</b>	<b>Blue/Grey</b>
<b>1v</b>	<b>Armed Forces</b>		<b>28w</b>	<b>Purple/White</b>

***PLEASE HELP THE LAST 6 TEAMS PUT AWAY EQUIPMENT AS THEY COMPLETE THEIR RACE AND PULL INTO THE DOCK. THANK YOU~~***

**3. COXSWAINS:** Coxswains will be provided for all races. Because we have a quick turnaround between races, we will not guarantee that you will have the coxswain that you have had all season. If your particular coxswain happens to be on the dock when it is your launch time, they will be yours for the race; again, that is not a guarantee.

**\*ALL COXSWAINS WILL BE PAID BY EACH TEAM EITHER IMMEDIATELY BEFORE THE RACE BEGINS OR IMMEDIATELY AFTER THE RACE IS COMPLETED.**

**4. SUBSTITUTE ROWERS:** Please contact announcer Erik Murdell at Race Central on Race Day for substitute needs no more than 3 races in advance of your race. If you arrange your own subs, please note that they **MUST** be members of SRL. Check with the Club Manager to verify.

## 5. RACE PENALTIES:

A. Equipment Assignments: 20 seconds for failure to complete equipment assignments as noted on the schedule

B. Encroachment: 10 seconds (or as decided by your race referee) for a crew encroaching upon their competition

C. Missed buoy: Missed buoys on the inside of the turn will result in a 5 second per buoy penalty (or as decided by the head referee)

D. Coaches: Coaches cannot race as a rower or coxswain with any crew, penalized by disqualification from the regatta.

E. Substitute Rowers: Only SRL members can act as subs for racing crews (using a non-SRL rower will result in disqualification). There is no penalty assigned for up to three sub rowers. Crews using more than three substitute rowers will be assessed a 5 second penalty per additional substitute

F. Novice Crews: Crews must have a full team of novice rowers in each race. **Crews using any** non-novice rowers will be assessed a 5 second penalty per non-novice.

G. Men: Mixed crews can row no more than four men in a race (not including the coxswain). Mixed crews using more than four male rowers will be assessed a 10 second penalty per additional male sub.

**H. Anyone, team member or coxswain that is seen with (or using) a phone within the shell, will be immediately disqualified. If you/your team are in need of photos of your race, please have someone situated on the dock to do so for you.**

**I. Intentional disruption or delay of the regatta by a crew refusing to be boat when called to the dock or refusing to leave the boat and the dock after returning from a race, or by any other action or demonstration, will be penalized by disqualification from the regatta.**

**6. STARTING PROCEDURE:** Novice crews will use a running start, as in a head race. When they pass the Aligner, he/she will announce “Go!”, which will signal the start of the time clock.

In match, or dual races, control over the bow and stern pairs will be given over to the aligner. Once he or she has announced “we have alignment!” control will be given over to the Starting Referee in a launch behind the shells. The starting commands will be: “Attention, Go!” **Once the Aligner has announced that he /she has alignment, coxswain’s hands will not be recognized.**

## 7. RACE SCHEDULE

18-August-18

Preliminary Races					
Race #	Time	Inside BH Lane	Time	Outside BH Lane	Time
1	8:00	10n			
2		38n			
3		8n		47n	
4		57n		39n	
5		35w (n)		16w (n)	
7		1v (n)		20n	
8		45n		23n	
9		40n		44n	
10		48w (n)		51w (n)	
11		22n		54n	
12		52n		41n	
13		V.I.P.E.R.S.			
14		6w		43w	
15		29w		42w	
16		50x		17x	
17		2x		31x	
18		11x		36x	
19		21w		28w	
20		7x		34x	
			BREAK for coaches/coxswains		
21		9x		27x	
22		3x		Men's pick-up team	
23		25x		32x	
24		Women's pick-up team		33w	
25		1x		30x	
26		12w		24w	
27		15cb		Mixed pick-up team	
28		26x		5x	
29		46x		14x	
30		18x		37x	
31		56x		19x	
			BREAK	BREAK	
Championship Races					

<b>Novice</b>					
Mixed					
Women					
<b>Women</b>					
<b>Experienced</b>					
<b>Men</b>					

**8. CONDUCT ON THE WATER** (Launching, Warm up, Race Pattern and Recovery)

**A. POWER BOATS AND BARGE TRAFFIC**

The pleasure boat and barge/freighter population of Cleveland unfortunately do not take the day off for our regatta. Coaches will be stationed at the far ends of the course, and will encourage pleasure boaters to turn around or wait for a break in races to pass through the course.

There is the possibility that barges or freighters may pass through the course during the race day. Coaches will clear crews and buoys from the course. Once the river is clear, coaches will re-set buoys and we'll get back to racing as soon as possible. Please be patient during any such delays.

**B. LAUNCHING**

Officials and Dock Masters will call crews topside and to the dock. PLEASE DO NOT COME DOWN ONTO THE DOCK UNTIL DIRECTED TO DO SO BY THE DOCK MASTERS, EVEN IF YOUR BOAT IS SITTING ON THE DOCK.

All crews will launch from the main CRF dock (in front of the boathouse) unless specifically noted otherwise. Please make every effort to be prepared to launch within 90 seconds of when your team puts hands on the boat. Dock Masters will clear you to launch from the dock based on race traffic. Do not launch until directed to do so.

**C. WARM UP**

-Continue warming up once you have passed under the red Center Street Bridge. Crews are not to proceed beyond Nautica Turn during warm ups, and should follow instructions given by the 'start turn' coach.

**D. PULLING INTO THE START AREA**

-Your race referee will direct you into the start area in conjunction with the 'start turn' coach and starter. For second half Novice races, the starter (who will be the aligner for non-Novice races) will shout "START" engaging the team to build their start speed upon coming to the starting point. When the bow ball crosses the start point, the starter will shout "GO", and begin the time. Once entering the start area, please stay quiet and listen to the starter's commands and your coxswain.

-For all other (full season novice and non-novice) crews: Once alignment is announced

by the Aligner, the starting commands will closely follow from the Race Referee. Again: **once the Aligner has announced that he /she has alignment, coxswain's hands will not be recognized.**

The starting sequence is as follows:

“ Attention.”

Variable pause from 1 to 5 second in length: “Go”

An air horn will sound the end of your race.

A Race Referee will be following shells down the course during the **dual** races. A coach responsible for timing races will also be on the referee launch. After completion of races, times will be radioed to shore and posted on a results schedule at Race Central. **NO RACE TIMES ARE FINAL UNTIL TIMERS HAVE COME OFF THE WATER AND VERIFIED TIMES HAVE BEEN TRANSLATED CORRECTLY.**

#### **E. RECOVERY AND LANDING PATTERN**

After completing your race, please follow instructions of the coach in the turn-around launch. Crews will be asked to spin quickly and proceed back to the CRF main dock. Shells should pause their recovery trip near the wakeless launch docks and wait to be summoned to the CRF dock by the Dock Master.

Once back on the docks, please be up and out of your shell quickly. You will be asked to walk your shells down to the farthest point possible on the dock so as to keep space for other incoming shells. Please move at a rapid pace. Team talk-down can occur top side of the docks or back at your team tent.

#### **F. SRL REGATTA COURSE**

500 meters running up river – See attached course map. Novice races, run as a time trial, will be run in the lane closest to the West shore. All other races will be run in the two western-most lanes, leaving the lane closest to the East, or boat house shore, for launching and returning crews. The starts and finishes will be staggered, to insure fair racing distances in each lane.

**G. START LINE:** The starting point for Novice Races will be the up river side of the Center Street bridge. The starters will use calls from the bridge alerting team/coxswains to “START” building up speed before crossing the start line. Followed by the “GO” command once the bow ball crosses the start point and your official time being started at that point. The start point for non-Novice races will be the traditional start line at the upstream side of the Detroit-Superior High Level Bridge.

**H. FINISH LINE:** The end point will be at the Metroparks Dock . The end point will be noted on the river by buoy. There will also be a ‘finish’ launch alerting the end of your race with a bull horn sounding as well noting finish time.

#### **9. OFF THE WATER**

Please feel free to experience bonding time with your teams/fellow SRLers while waiting for your race and please stay after your race to cheer other teams on...

**10. PROTESTS** – All penalties, objections and protests shall follow the procedures set out in Rules 2-601 through 2-607 of USRowing's 2017 Rules of Rowing. In applying those rules, the penalties set out in 2017 SRL Regatta Rule 4 above will take precedence and be applied, and “LOC” will mean the WRRRA.

## 11. TEAM CLASSIFICATIONS

There will be novice teams. Novice teams may be mixed, or all women. Experienced teams, whether mixed, women or men, are those other than novice teams. TEAMS will not be permitted to have more than three (3) rowers in any race who routinely row in “buddy” boats. It is anticipated that there will be only one men’s team this year; to provide them with a race, a ‘pick-up’ men’s team consisting of 8 SRL men will compete against the St. Ignatius Dad’s team- team 3x. There is an uneven number of mixed teams, we will have a ‘pick-up’ mixed team consisting of 8 (no more than 4 men) SRLers to compete against team 15cb and there is an uneven number of women’s teams, so we will have a ‘pick-up’ women’s team to compete against 33w. ALL OF THE SAME RULES APPLY TO ALL TEAMS.

Any rower who did not race in a prior Race Day or Regatta must be permitted to race in the August Regatta, if she/he wishes to do so.

## 12. YAY!!!

### Food tickets details

**Burning River Bagels** will be serving from 7AM to 2PM

1 ticket = 1 bagel sandwich (vegi, meat, vegan, GF options available)

Additional menu items available via cash or credit card:

bagels, coffee, ice coffee, soda, fries, chips

**Barrio Tacos** will be serving from 11AM to 2PM

1 ticket = 2 tacos or 1 ticket = 1 taco w/chips and salsa or guac

Additional menu items available via cash or credit card:

tacos, soda, tortilla chips, salsa, guac

We allow for the ‘after the championship races’ keg ONLY so PLEASE DO NOT BRING ANY ALCOHOL ONTO THE PREMISES. Any teams found to be consuming alcohol throughout the regatta will be disqualified.

**THANK YOU ALL FOR A WONDERFUL SRL SEASON. WE TRULY DO HOPE THAT YOU’VE ENJOYED YOURSELVES AND LOOK FORWARD TO SEEING YOU DURING THE FALL SEASON AND IN THE 2019 SEASON!**